## **West Lindsey Health Commission**

# Progress Update – 31st May 2018

#### **Engaging Key Stakeholders – Roundtable Event**

Members of West Lindsey District Council's Health Commission have been actively working to enhance the role we can play as a district council in terms of prevention and promoting wellbeing, including progressing opportunities for working in partnership to improve health and wellbeing of our residents and communities.

The Health Commission continues to build on success of previous engagement events representation from Chief Officers from each of the Health Trusts; the Vice-Chairman of the Health & Wellbeing Board; representatives from the Lincolnshire West Clinical Commissioning Group (CCG); Healthwatch, continues to demonstrate the level of interest and engagement and the value that is place on West Lindsey's role in improving health and wellbeing outcomes.

#### <u>Supporting Development of the Neighbourhood Team</u>

Integrated neighbourhood working is one of the priorities in the Lincolnshire Sustainable Transformational Partnership. The Health Commission is supporting the development of the neighbourhood team (multi-disciplinary approach to improving health outcomes) is actively underway in West Lindsey, for the Gainsborough locality Investigations are being explored into delivering and health through nature pilot using social subscribing (which encourages GP's to prescribe 'non-medical' interventions) to encourage people to use our natural outdoor assets and deliver health and wellbeing benefits. Working in partnership with LCC Public Health, The Woodland Trust and the Gainsborough Neighbourhood Team this will be developed in autumn 2018.

### Member and Officer Collaboration and Support

The Health Commission have been instrumental in the development of the Wellbeing Consortia Bid that has seen £16.5 million of funding coming to Lincolnshire over 5 years to provide support to all adults in Lincolnshire and especially those who, without this, are likely to lose their independence and draw more heavily on health, care, housing and other services. In December 2017 Lincolnshire County Council announced that the Consortia Bid had been successful. Health Commission members will continue to have oversight in the development and delivery of the wellbeing service and actively form part of the partnership and network strand. The governance structure of Wellbeing Lincs includes a Cllr Reference Group the Chair of the Health Commission is a member of this group. This shows a continued collaborative approach between officers and members across the consortia.

#### **Understanding the STP proposals**

District engagement on the Lincolnshire Sustainable Transformation Plan is continuing, currently arranging for the Senior STP Leadership Team to present to elected members in 2018. Going forward the Health Commission will continue to act as an engagement group and be the mechanism for consultation and disseminating of information internally.

### Best Practice for helping condition management

The Health Commission has taken action to deliver better outcomes for people living with Dementia in line with strategic priorities in the developing Lincolnshire Health and Wellbeing Strategy 2018 and in line with the Corporate plan 2016 – 2020 Theme 2 People First

Opportunities with local partners to deliver sports activities for people with Dementia has taken place working in partnership with Everyone Active and The Alzheimer's Society to pilot a Dementia Friendly Swimming Session July - November 17.

Taking learning from the pilot and to further enhance our offer the Health Commission is working in partnership with Everyone Active to develop specialist sport and activity for people living with dementia through their Active Seniors Programme encompassing both poolside and dryside activities, this is scheduled to be delivered in September 2018.

### **Health and Wellbeing Board**

During 2017 The Health Commission championed additional Cllr membership on the Health and Wellbeing Board. The Challenge & Improvement committee supported the Health Commission with a formal request to the Health and Wellbeing Board for additional district council (elected member) representation on the board. This recommendation is still under consideration. The Health Commission will continue to inform at the pre meet meeting.

Through lobbying at county level, The Health Commission is actively involved in the newly established Housing Health and Care Delivery Group. Membership of this group will allow a significant opportunity for district areas to improve outcomes for Lincolnshire residents, enhanced integration, and an ability to respond to emerging trends and demands on services. This group considers an integrated approach to housing health and care and shared learning, this is assisting in a better flow of information.is now held at the Housing Health and Care Delivery Group a sub group of the Health and Wellbeing Board. This request was successful and an appointment has been made, Cllr Bibb now sits on the Delivery Group together with West Lindsey's Health and Wellbeing Manager.

## **Health Improvement**

Promoting Public Health England's rolling programme of health improvement to help improve the population's health by raising awareness around key areas including unhealthy lifestyle choices.

#### **Embedding Health & Wellbeing in WLDC Services**

One area of concern identified is the need within the council to raise the level of awareness regarding social and environmental issues affecting health and wellbeing and for the various departments within the Authority to use health as a lens when considering actions.

Examples are the role of health and wellbeing which are covered in the Central Lincs. Plan, Neighbourhood Plans, as well as the work currently being done regarding Green Spaces within the District, and the development of Leisure facilities.

### **Rural Services Network**

Representation of the Health Commission on the Rural Services Network national body has facilitated greater lobbying power and achieved national support for initiatives such as the 'Rural weighting' scheme put forward by WLDC in January 2017. More recently we have been able to encourage the formation of a sub-group of the main RSN which focuses on Health and Social Care and have representation on this. Additionally through the Health Commission we have been able to connect with the District Councils Network Healthier Towns and Villages Group.